

(Re)duce Your Use

Are you thankful for the beauty of our planet? Little actions every day make a difference and keep our planet clean, healthy and beautiful.

Less is More

To **reduce** means to use less stuff and produce less waste. The more times you reduce your use of water and plastic bottles, the more beautiful and healthy our planet stays.



What are a few ways you can use fewer plastic bottles?



What are a few ways you can use less water?

Take the Reduce Your Use Quiz. The answers may astound you!

1. People around the world use one million plastic water bottles every:
 - a. day
 - b. week
 - c. minute
2. What percentage of all plastic water bottles used by people actually gets recycled?
 - a. 90%
 - b. 45%
 - c. 9%
3. How many plastic bottles do Americans throw out each year?
 - a. one billion
 - b. ten billion
 - c. 35 billion
4. How much water does a family of four use every day in the United States?
 - a. 50 gallons
 - b. 100 gallons
 - c. 400 gallons
5. How many baths could you take with the amount of water one family uses in a day?
 - a. one bath
 - b. five baths
 - c. ten baths
6. It takes about _____ gallons of water to grow one orange in California. Be sure to eat your food so that the water and other resources are not wasted.
 - a. two gallons
 - b. ten gallons
 - c. 13.8 gallons

ANSWERS: The correct answer for each question is (1) c, (2) c, (3) b, (4) b, (5) c, (6) c.

EARTH TIPS

Presented by Altamont Education Advisory Board

Super Reducer Tips

REDUCE is an action you can take every day!



Here are some tips to save water and plastic from **Super Reducer**. Use the Action Hero Secret Code to read them all!

- | | | |
|----------|------------|------------|
| FAUCETS | 4 GALLONS | BOTTLES |
| ICE CUBE | CLOTH BAGS | 5 MINUTES |
| PAN | PAN | 12 GALLONS |

Use reusable _____ when you carry water.

Use reusable _____ when you need to carry things!

Turn off the tap when soaping up your hands or brushing your teeth. Doing this can save up to over _____ a minute. That could be 200 gallons a week for a family of four!

Keep each shower to _____ or less. You could save up to 1,000 gallons a month!

Check _____ and hoses at home and report any leaks to your parents.

Wash fruits and vegetables in a _____ of water. Then use the water for your plants.

If you drop an _____, don't put it in the sink. Drop it into a house plant instead.

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